

## Merthyr Valley Winter Walks Programme

2019/20

Part of Glamorgan area



Date	Start	Walk	Distance	Difficulty	Contact
Sat 05/10/2019	10:00 Lay-by on A40 between Talybont and Bwlch (Paddy's Kitchen) (LD3 7JQ, SO129226)	<b>Allt yr Esgair and Llangorse Lake</b> Leaving the lay-by (GPS: 51.895575 - 3.266469) we climb to Allt yr Esgair before descending to Llangorse Lake. Returning by a circular route.	7.5mi/12.1km	Moderate	Geoff Evans, 07545 592860
Sat 12/10/2019	10:00 Mountain Centre, Libanus (LD3 8ER, SN977262)	<b>Cwm Camlais</b> Starting from the Mountain Centre (GPS: 51.92535 -3.488359) we take a circular route across Mynydd Illtud Common and around Cwm Camlais	8mi/12.9km	Moderate	Christine Gibbons, 07733545834
Sat 19/10/2019	10:00 Crickhowell High School Car Park (NP8 1DE, SO216185)	<b>Crickhowell Circular</b> From the High School (GPS: 51.860012 - 3.139131) we take a circular route via Pen Allt-Mawr, Pen Cerrig-Calch and skirting Table Mountain	8.6mi/13.8km	Moderate	Derek Jones, 07901 338989
Sat 26/10/2019	11:00 Red Lion Inn, Heolgerrig (CF48 1SR, SO031060)	<b>Group AGM &amp; Walk</b> From the Red Lion (GPS: 51.744751 - 3.404196) there will be a short circular walk followed by a Buffet ayt 2.00pm and the Group AGM at 3.00pm	5mi/8.1km	Moderate	Christine Sloane, 07768 107496
Tue 29/10/2019	10:00 Mountain Centre, Libanus (LD3 8ER, SN977262)	<b>Mynydd Illtud Common</b> Leaving the Mountain Centre (GPS: 51.925346 -3.488359) we take a circular walk on Mynydd Illtud Common. Lunch or a coffee are optional at the end.	5mi/8.1km	Leisurely	Sue Mason, 07887 520947, wizmason@aol.com

Sat 02/11/2019	10:00 Bottom of Turnpike Lane near junction with Millbrook Road (ST154716)	<b>Dinas Powys Circular</b> From Turnpike Lane (GPS: 51.437513 - 3.217788) we walk along the River Ely and around Leckwith	7.5mi/12.1km	Moderate	Christine Nagle, 07974 687805
Sat 09/11/2019	10:00 Parc Slip Nature Reserve, Aberkenfig (CF32 0EH, SS881844)	<b>Area AGM &amp; Walk</b> From Parc Slip Nature Reserve (GPS: 51.547821 -3.614459 ) we take a short circular walk prior to the AGM at 1.00pm	5mi/8.1km	Leisurely	Alistair Sloan, 07484 291136, alistair.sloan654@btinternet.com
Tue 12/11/2019	10:30 Cosmeston Lakes Car Park (FEE) (CF64 5UB, ST179691)	<b>Cosmeston Lakes Circular</b> From the car park (GPS 51.415407 - 3.181250 ) we take a circular walk around the lake and surrounding area.	6mi/9.7km	Moderate	Carol Britton, 07733 545834
Sat 16/11/2019	10:00 Maenllwyd Inn, Rudry Overflow Car Park (CF83 3EB, ST201866)	<b>Maenllwyd Inn Circular</b> Starting from the Maenllwyd Inn, Rudry (GPS: 51.57304 -3153586 ) we take a circular route through Waterloo, Miskin and Draethen	7mi/11.3km	Moderate	Andrew Richards, 01443 833719, ajeffreyrichards@yahoo.co.uk
Sat 23/11/2019	10:00 Car Park across the Canal Talybont (LD3 7JD, SO114225)	<b>Talybont on Usk Circular</b> From the car park (GPS: 51.894439 - 3.288236 ) we take a circular route around Talybont on Usk	7mi/11.3km	Moderate	Rob Jones, 07949950018
Sat 30/11/2019	10:00 Forestry Commission Car Park, Hensol (CF71 7SW, ST031768)	<b>Magical Forest</b> From the car park (GPS: 51.482284 - 3.396118 ) we take a circular route through Hensol Forest, Pendoylan	7mi/11.3km	Moderate	Jackie James, 07971 063038
Sat 07/12/2019	10:00 Pen y Fan Pond, Oakdale (NP13 2DS, SO197008)	<b>Manmoel Circular</b> From Pen y Fan Pond (GPS: 51.700833 - 3.162617 ) we take a circular route onto Manmoel Common and Manmoel Village	8.5mi/13.7km	Moderate	Peter Cawley, 07967 735968
Sat 21/12/2019	10:00 Car Park opposite Cefn Coed Community Centre (CF48 2NA, SO032080)	<b>Pontsticill Circuit</b> From Cefn Coed Community Centre (GPS: 51.762745 -3.403305 ) we take a circular walk along the Taff Trail and through the Nature Reserve to Pontsticill	7mi/11.3km	Moderate	Alistair Sloan, 07484 291136, alistair.sloan654@btinternet.com

Thu 26/12/2019	11:00 Red Cow Inn, Vaynor Road, Pontsticill (CF48 2YB, SO057113)	<b><u>Boxing Day Pudding Pounder</u></b> From the Red Cow (GPS: 51.792834 - 3.367989 ) we take a stroll around Ponssticill Reservoir to work off Christmas Excesses	5mi/8.1km	Moderate	Alistair Sloan, 07484 291136, alistair.sloan654@btinternet.com
Sat 28/12/2019	10:00 Barry Sidings Countryside Park, Hopkinstown (CF37 2PE, ST054908)	<b><u>Pontypridd to Penyrcoedcae</u></b> From Barry Sidings (GPS: 51.608517 - 3.366772) we take a gradual climb up to Penyrcoedcae returning via Pontypridd	7mi/11.3km	Moderate	Christine Gibbons, 07733545834
Sat 04/01/2020	10:00 Car Park opposite St Cynog's Church, Penderyn (CF44 9JR, SN945085)	<b><u>Penderyn &amp; Sgwd yr Eira</u></b> From the Church (GPS: 51.765666 - 3.529474) we take a circular route to Sgwd yr Eira and return	7mi/11.3km	Moderate	Rob Jones, 07949950018
Tue 07/01/2020	10:30 Duffryn House Car Park, St Nicholas (CF5 6SW, ST096726)	<b><u>Duffryn House</u></b> From the car park (GPS: 51.445606 - 3.301464) we take a circular walk around Duffryn House and the surrounding area	5mi/8.1km	Moderate	Christine Gibbons, 07733545834
Sat 18/01/2020	10:00 Parc Penallta (CF82 7GA, ST133955)	<b><u>Mynydd Eglwysilan &amp; Llanfabon</u></b> From Parc Penallta (GPS: 51.652039 - 3.253886) we take a circular across the valley and up onto Eglwysilan Common and on to Llanfabon	8.5mi/13.7km	Moderate	Peter Cawley, 07967 735968
Sat 25/01/2020	10:00 Craig y Dinas Car Park, Pontneathvaughan (SA11 5NU, SN911079)	<b><u>Waterfall Country</u></b> From Craig y Dinas (GPS: 51.759622 - 3.578535) we take a circular route around Waterfall Country	8.5mi/13.7km	Moderate	Alistair Sloan, 07484 291136, alistair.sloan654@btinternet.com
Sat 01/02/2020	10:00 Leaders Office Car Park (LD3 9EE, SO044286)	<b><u>Brecon &amp; Pen y Crug</u></b> From the car park (GPS: 51.948109 - 3.391625) we take a circular route to Pen y Crug and return	7.5mi/12.1km	Moderate	Paddy Kelly, 07762 337368
Sat 08/02/2020	10:00 Taffs Well Park & Ride (CF15 7RN, ST125832)	<b><u>Forest Fawr and Craig yr Allt</u></b> From Taffs Well Park & Ride (GPS: 51.541348 -3.262376) we take a circular route through Forst Fawr along the Taff Trail and up to Craig yr Allt and Caerphilly Common	7.5mi/12.1km	Moderate	Christine Nagle, 07974 687805

Sat 15/02/2020	10:00 National Trust Car Park on Old Ross Road (NP7 8AP, SO329164)	<b><u>Ysgryd Fawr (The Skirrid or Holy Mountain)</u></b> From the NT Car Park (GPS: 51.842608 - 2.974663) we take a circular route around and over The Skirrid	7.5mi/12.1km	Strenuous	Paddy Kelly, 07762 337368
Tue 18/02/2020	10:00 Coach & Horses Inn, Llangynidr (NP8 1LS, SO152197)	<b><u>Llangynidr and Afon Crawnnon</u></b> From the Coach & Horses (GPS: 51.869862 -3.232339) we take a circular walk exploring Duffryn Crawnnon.	4mi/6.4km	Moderate	Geoff Evans, 07545 592860
Sat 22/02/2020	10:00 Thorncombe Road Car Park, Blackwood (NP12 1AP, ST176968)	<b><u>Mynyddislwyn &amp; Wyllie</u></b> From Thornhill Road (GPS: ) we take a circular route through Wyllie and up to Mynyddislwyn	8mi/12.9km	Moderate	Andrew Richards, 01443 833719, ajeffreyrichards@yahoo.co.uk
Sat 29/02/2020	10:00 Car Park opposite Storey Arms (LD3 8NL, SN982202)	<b><u>Story Arms to Brecon</u></b> From Storey Arms (GPS: 51.87151 - 3.479318) we walk mainly on the old drovers road to Brecon. Return by T4 or T14 bus.	8mi/12.9km	Leisurely	Alan Hancox, 07901576703
Sat 07/03/2020	10:00 Clytha National Trust Car Park (NP7 9BW, SO360084)	<b><u>Clytha &amp; Coed y Bwnydd</u></b> From the NT Car Park (GPS: 51.771054 - 2.928193) we walk along the River Usk and then return via Coed y Bwnydd	7.5mi/12.1km	Moderate	Jackie James, 07971 063038
Tue 10/03/2020	10:00 Cold Knapp Beach Car Park, Barry (CF62 6UD, ST099664)	<b><u>Cold Knapp Circular</u></b> From the car park (GPS: 51.389920 - 3.295571) we take a circular route around Barry West End.	7mi/11.3km	Moderate	Carol Britton, 07733 545834
Sat 14/03/2020	10:00 Sardis Road Car Park, Pontypridd (CF37 1JR, ST069898)	<b><u>Pontypridd &amp; Penrhys</u></b> From the Car Park (GPS: 51.599778 - 3.344852) we take a linear route to Penrhys and return by bus	10mi/16.1km	Strenuous	Christine Gibbons, 07733545834
Sat 21/03/2020	10:00 Large Lay By east of Pencelli (LD3 7LX, SO094247)	<b><u>The Bryn above Pencelli</u></b> From the Lay-by (GPS: 51.913892 - 3.317871) we take a circular route through Pencelli and onto The Bryn	6.5mi/10.5km	Strenuous	Geoff Evans, 07545 592860
Sat 28/03/2020	10:00 St Brides Major (CF32 0SA, SS897752)	<b><u>Ewenny and Spring Flowere</u></b> From St Brides Major (GPS: ) we take a circular walk in search of spring flowers	8mi/12.9km	Leisurely	Derek Jones, 07901 338989

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